2022 November



OEC and OALC High School Lunch Menu

ISD (5) 279

	OEC and O A	ALC High School Lui	nch Menu	SD 🕥 279
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Breaded Chicken Sandwich (Spicy or Regular)	Cheeseburger	Breaded Chicken Sandwich (Spicy or Regular)	Cheeseburger
	Sidewinder Fries	Mashed Potatoes and Chicken Gravy	Hashbrown Patties	Chips
	International Cuisine	International Cuisine	International Cuisine	International Cuisine
	Beef Taco in a Bag	Chicken Tenders (Regular and Spicy)	Brunch For Lunch French Toast Flavored Muffin	Orange Chicken with White Rice Chicken Potsticker
	Buttered Corn Fresh Fruit	Mashed Potatoes and Chicken Gravy Dinner Roll Fresh Fruit	Chicken Sausage Patties Hashbrown Patties Honey Roasted Carrots Fresh Fruit	Ginger Stir-Fry Vegetables Fresh Fruit
7	Assorted Fresh Vegetables 8	Assorted Fresh Vegetables 9	Assorted Fresh Vegetables 10	Assorted Fresh Vegetables 11
Cheeseburger	No School	Cheeseburger	Breaded Chicken Sandwich (Spicy or Regular)	Cheeseburger
Curly Fries		Curly Fries	Mashed Potatoes And Country Gravy	Chips
International Cuisine		International Cuisine	International Cuisine	International Cuisine
Pizza		Penne Grilled Chicken Alfredo	Country Fried Beef Steak	Shredded Chicken Burrito Bowl with Flo
(Turkey Pepperoni or Cheese)		Breadstick	Mashed Potatoes And Country Gravy	Tortilla Cilantro Lime Rice
Caesar Salad Parmesan Spinach Alfredo Tortilla Chips		Steamed Seasoned Broccoli	Dinner Roll Honey Roasted Carrots	Southwest Beans Chipotle Cinnamon Sweet Potatoes
Fresh Fruit Assorted Fresh Vegetables		Fresh Fruit Assorted Fresh Vegetables	Fresh Fruit Assorted Fresh Vegetables	Fresh Fruit Assorted Fresh Vegetables
14	15	16	17	18
Cheeseburger	Breaded Chicken Sandwich (Spicy or Regular)	Cheeseburger	Breaded Chicken Sandwich (Spicy or Regular)	Cheeseburger
Curly Fries	Sidewinder Fries	Mashed Potatoes and Chicken Gravy	Sidewinder Fries	Sun Chips
International Cuisine	International Cuisine	International Cuisine	International Cuisine	International Cuisine
Thai Sweet Chili Chicken	Cheesy Hot Pockety Pizza	Roast Turkey and Gravy	Cheesy Beef Totchos	Poppin' Flavored Popcorn Chicken Da
White Rice	with Marinara Sauce	Mashed Potatoes	Southwestern Rice	(Southern Style OR Nashville Hot)
Vegetable Eggroll		Bread Dressing Dinner Roll	Fritos Corn Chips	BBQ Baked Beans Sun Chips
Ginger Stir-Fry Vegetables	Savory Green Beans and Onions	Buttered Corn	Oven Roasted Sweet Potatoes	Oven Roasted Broccoli
Fresh Fruit Assorted Fresh Vegetables	Fresh Fruit Assorted Fresh Vegetables	Fresh Fruit Assorted Fresh Vegetables	Fresh Fruit Assorted Fresh Vegetables	Fresh Fruit Assorted Fresh Vegetables
21	22	JonnyPops Popsicle 23	24	25
Cheeseburger	Breaded Chicken Sandwich (Spicy or	Cheeseburger	No School	No School
Curly Fries	Regular) Sidewinder Fries	Curly Fries	No delicoi	No deliber
International Cuisine	International Cuisine	International Cuisine	-	
Italian Dunker with Marinara Sauce	Sloppy Sloppy Joe Sandwich	Chicken Bites		
Caesar Salad	Sidewinder Fries BBQ Baked Beans	Mashed Potatoes and Chicken Gravy		
Honey Roasted Carrots	Soy Glazed Cauliflower	Dinner Roll		
Fresh Fruit	Fresh Fruit	Fresh Fruit		
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables		
28	29 Breaded Chicken Sandwich (Spicy or	30		
Cheeseburger	Regular)	Cheeseburger		
Curly Fries	Sidewinder Fries	Mashed Potatoes and Chicken Gravy		
International Cuisine	International Cuisine	International Cuisine	4	
KC Mesquite BBQ Chicken Drumstick	Beef Taco in a Bag	Chicken Tenders		
Cornbread		(Regular and Spicy)		
BBQ Baked Beans		Mashed Potatoes and Chicken Gravy		
Savory Green Beans and Onions Fresh Fruit	Buttered Corn Fresh Fruit	Dinner Roll Fresh Fruit		
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables		
		Offered Daily		
Protein Pack	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie
	1	1	+	ļ

Manager Choice of: Peanut Butter or Sun Butter and Jelly sandwich

*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.

This institution is an equal opportunity provider.